

ACE Gymnastics Team Evaluation Check list

- Make sure that you are enrolled in the Gymnastics team evaluations located on our website under CLASSES (Open gym).
- Account balance is zero. Paid \$15 Team evaluation fee (non-members incur \$35 Gym registration)
- Contract is submitted via e-sign or printed to turn in before being evaluated. (Contract listed under FORMS on website)

Team evaluations process:

Athletes will begin checking in at 9:50am. There will be stations listed in numeric order.

Station 1: Check to see if *Checklist* items are complete.

Station 2: Athlete will receive a number and given evaluation slip.

Station 3: Athlete will have picture taken.

Then athletes will move to stretch floor. Before evaluation process begins. Each athlete will evaluate on Vault, Bars, Beam, Floor, and Strength/Flexibility.

Parents all evaluations are CLOSED. You can start to arrive at 12:45pm as we are winding down team evaluations. You can pack your athlete a Gatorade/Water and healthy snack.